



**LABOR & DELIVERY/POSTPARTUM/NEWBORN NURSERY SKILLS CHECKLIST**

Name \_\_\_\_\_ Date \_\_\_\_\_

**Instructions:** This checklist is meant to serve as a general guideline for our client facilities as to the level of your skills within your nursing specialty. Please use the scale below to describe your **experience/expertise** in each area listed below.

**1=Never Performed 2=Limited Experience 3=Comfortable Performing 4=Proficient**

CARE OF PATIENTS WITH	1	2	3	4
Abruptio Placenta				
Asthma				
Beta Strep				
Breech				
Cardiac Disease				
Cesarean Section				
Chorioamnionitis				
Chronic Hypertension				
Collagen Vascular Disease				
Diabetes				
Eclampsia				
Episiotomy				
Fetal Demise				
Forceps Delivery				
HELLP Syndrome				
Hemolytic Anemia				
Hemorrhage				
Hepatitis B				
HIV Positive				
Hypertension				
Infants				
a. IDM Protocol				
b. AGA Protocol				
c. LGA Protocol				
d. SGA Protocol				
Malpresentations				
Multiple Gestation				
NSVD				
Placenta Previa				
Preeclampsia				
Premature Labor				
Prolapsed Cord				
Pyelonephritis				
Rh Disease/Incompatibilities				
Seizure				
Sickle Cell Disease				
Stillborn				
Substance Abuse				
Trauma				

CARE OF PATIENTS WITH	1	2	3	4
VBAC				
Version				
<b>ANTEPARTUM CARE/PROCEDURES</b>				
Triage of Obstetrical Patients				
Non Stress Tests (NST)				
Oxytocin Challenge Tests (OCT)				
Assist with Ultrasound				
Assist with Amniocentesis				
Assist with Sterile Speculum Exam				
Reflex Checks/Edema Assessment				
Pelvimetry				
<b>L&amp;D CARE/PROCEDURES</b>				
Vaginal Delivery Set Up				
Emergency Vaginal Delivery				
Sterile Vaginal Exams				
a. Effacement				
b. Dilatation				
c. Station				
d. Presentation				
Leopold's Maneuvers				
Breathing/Relaxation Techniques				
AROM - assist				
Premature Membrane Rupturing				
Ruptured Membrane Testing				
a. Fern test				
b. Nitrazine test				
Foley/Straight Catheter Insertion				
Assess/Document Labor Progression				
Assess/Document Maternal Status				
Administer Analgesics				
Bladder Assessment				
IUPC Placement/Calibration - assist				
Assess/Document Fetal Status				
External Fetal Monitor (EFM)				
Fetal Scalp Electrode Placement				
a. Assist with FSE				
b. Perform FSE				
FHR Pattern Recognition/Interventions				
Fetal Scalp Blood Sampling - assist				

Uterine Rupture				
Vacuum Extraction Delivery				
Vasa Previa				
Name _____				

Fetoscope/Doptone				
Forceps/Vacuum Extraction				
Shoulder Dystocia				

<b>L&amp;D CARE/PROCEDURES</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Amnioinfusion				
Oxygen Therapy				
a. Bag & Mask				
b. Face Mask				
c. Nasal Cannula				
Intravenous Therapy				
a. Blood/Blood Products Transfusion				
b. Central Line Maintenance				
c. Peripheral insertion/maintenance				
d. Saline/Heparin Lock				
Specimen Collection				
a. Vaginal Fluid				
b. Vaginal Swab				
c. Urine				
d. Venous Blood Draw				
Cesarean Section Set Up				
Emergency C-Section				
Scrub C-Section				
Circulate C-Section				
Recovery Room Care after C-Section				
Assist/Monitor Anesthesia Surveillance				
General Anesthesia				
Regional Anesthesia/Epidural/Spinal				
Postpartum Tubal Ligations				
Adult Resuscitation				
<b>POSTPARTUM CARE/PROCEDURES</b>				
Couplet Care				
Fundus Assessment				
Fundal Massage				
Lochia Assessment				
Perineum Care				
Foley Cath/Straight Cath				
Incisional Care				
Parent/Infant Bonding/Teaching				
Breast Feeding Education/Support				
Bereavement Support				
Post Anesthesia Recovery Care				
Emergency Interventions				
Hemorrhage				
Sterile Dressing Changes				
Surgical Wound Care				
Pain Management				
a. Patient controlled analgesia (PCA)				
b. Narcotic Agents				
c. Non-narcotic agents				
d. Non-pharmacological measures				
<b>CARE OF NEWBORN</b>				

<b>CARE OF NEWBORN</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Circumcision				
a. Set-up				
b. Assist				
Infant Feedings				
a. Breastfeeding - assist				
- latch-on				
- positioning				
- pumping and storage				
b. Bottle				
Phototherapy Treatment				
Specimen Collection				
a. Heel Stick				
b. Percutaneous umbilical sampling				
c. Umbilical blood sampling				
Temperature				
a. Axillary				
b. Oral				
c. Tympanic				
d. Rectal				
Infant/Neonate Resuscitation				
<b>MEDICATION ADMINISTRATION</b>				
Antibiotics				
Antihypertensives				
Cervical Ripening Agents				
Epidural Anesthesia				
Heparin				
Indomethacin				
Infant Meds				
a. Aquamephyton				
b. Erythromycin ointment				
Insulin				
Magnesium Sulfate				
Narcotics				
Oxytocin				
Procardia				
Prostin Gel				
Prostin Suppositories				
Ritrodrine				
Terbutaline				
Continuous IV Administration				
Eye Instillations				
IM Injections				
IV Push				
SQ Injections				
Z-Tract Injections				
<b>EQUIPMENT</b>				
Breast Pump				



**I hereby certify that ALL information I have provided to Emerald, on this skills checklist and all other documentation, is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.**

Nurse Signature \_\_\_\_\_ Date \_\_\_\_\_

**FAX TO 1-866-917-5055**