



LABOR & DELIVERY/POSTPARTUM/NEWBORN NURSERY SKILLS CHECKLIST

Name _____ Date _____

Instructions: This checklist is meant to serve as a general guideline for our client facilities as to the level of your skills within your nursing specialty. Please use the scale below to describe your **experience/expertise** in each area listed below.

1=Never Performed 2=Limited Experience 3=Comfortable Performing 4=Proficient

CARE OF PATIENTS WITH	1	2	3	4	CARE OF PATIENTS WITH	1	2	3	4
Abruptio Placenta					VBAC				
Asthma					Version				
Beta Strep					ANTEPARTUM CARE/PROCEDURES				
Breech					Triage of Obstetrical Patients				
Cardiac Disease					Non Stress Tests (NST)				
Cesarean Section					Oxytocin Challenge Tests (OCT)				
Chorioamnionitis					Assist with Ultrasound				
Chronic Hypertension					Assist with Amniocentesis				
Collagen Vascular Disease					Assist with Sterile Speculum Exam				
Diabetes					Reflex Checks/Edema Assessment				
Eclampsia					Pelvimetry				
Episiotomy					L&D CARE/PROCEDURES				
Fetal Demise					Vaginal Delivery Set Up				
Forceps Delivery					Emergency Vaginal Delivery				
HELLP Syndrome					Sterile Vaginal Exams				
Hemolytic Anemia					a. Effacement				
Hemorrhage					b. Dilatation				
Hepatitis B					c. Station				
HIV Positive					d. Presentation				
Hypertension					Leopold's Maneuvers				
Infants					Breathing/Relaxation Techniques				
a. IDM Protocol					AROM - assist				
b. AGA Protocol					Premature Membrane Rupturing				
c. LGA Protocol					Ruptured Membrane Testing				
d. SGA Protocol					a. Fern test				
Malpresentations					b. Nitrazine test				
Multiple Gestation					Foley/Straight Catheter Insertion				
NSVD					Assess/Document Labor Progression				
Placenta Previa					Assess/Document Maternal Status				
Preeclampsia					Administer Analgesics				
Premature Labor					Bladder Assessment				
Prolapsed Cord					IUPC Placement/Calibration - assist				
Pyelonephritis					Assess/Document Fetal Status				
Rh Disease/Incompatibilities					External Fetal Monitor (EFM)				
Seizure					Fetal Scalp Electrode Placement				
Sickle Cell Disease					a. Assist with FSE				
Stillborn					b. Perform FSE				
Substance Abuse					FHR Pattern Recognition/Interventions				
Trauma					Fetal Scalp Blood Sampling - assist				
Uterine Rupture					Fetoscope/Doptone				
Vacuum Extraction Delivery					Forceps/Vacuum Extraction				
Vasa Previa					Shoulder Dystocia				

Name _____

L&D CARE/PROCEDURES	1	2	3	4
Amnioinfusion				
Oxygen Therapy				
a. Bag & Mask				
b. Face Mask				
c. Nasal Cannula				
Intravenous Therapy				
a. Blood/Blood Products Transfusion				
b. Central Line Maintenance				
c. Peripheral insertion/maintenance				
d. Saline/Heparin Lock				
Specimen Collection				
a. Vaginal Fluid				
b. Vaginal Swab				
c. Urine				
d. Venous Blood Draw				
Cesarean Section Set Up				
Emergency C-Section				
Scrub C-Section				
Circulate C-Section				
Recovery Room Care after C-Section				
Assist/Monitor Anesthesia Surveillance				
General Anesthesia				
Regional Anesthesia/Epidural/Spinal				
Postpartum Tubal Ligations				
Adult Resuscitation				
POSTPARTUM CARE/PROCEDURES				
Couplet Care				
Fundus Assessment				
Fundal Massage				
Lochia Assessment				
Perineum Care				
Foley Cath/Straight Cath				
Incisional Care				
Parent/Infant Bonding/Teaching				
Breast Feeding Education/Support				
Bereavement Support				
Post Anesthesia Recovery Care				
Emergency Interventions				
Hemorrhage				
Sterile Dressing Changes				
Surgical Wound Care				
Pain Management				
a. Patient controlled analgesia (PCA)				
b. Narcotic Agents				
c. Non-narcotic agents				
d. Non-pharmacological measures				
CARE OF NEWBORN				
Newborn Assessment/APGAR				
Gestational Age Assessment				
Suctioning				
Meconium				
ID/Security Banding				
Cord Care				

CARE OF NEWBORN	1	2	3	4
Circumcision				
a. Set-up				
b. Assist				
Infant Feedings				
a. Breastfeeding - assist				
- latch-on				
- positioning				
- pumping and storage				
b. Bottle				
Phototherapy Treatment				
Specimen Collection				
a. Heel Stick				
b. Percutaneous umbilical sampling				
c. Umbilical blood sampling				
Temperature				
a. Axillary				
b. Oral				
c. Tympanic				
d. Rectal				
Infant/Neonate Resuscitation				
MEDICATION ADMINISTRATION				
Antibiotics				
Antihypertensives				
Cervical Ripening Agents				
Epidural Anesthesia				
Heparin				
Indomethacin				
Infant Meds				
a. Aquamephyton				
b. Erythromycin ointment				
Insulin				
Magnesium Sulfate				
Narcotics				
Oxytocin				
Procardia				
Prostin Gel				
Prostin Suppositories				
Ritrodrene				
Terbutaline				
Continuous IV Administration				
Eye Instillations				
IM Injections				
IV Push				
SQ Injections				
Z-Tract Injections				
EQUIPMENT				
Breast Pump				
a. Electric				
b. Manual				
Cardiac Monitor				
Glucometer				
Oxygen Flow Meter				
Pulse Oximeter				

