



San Diego is the eighth largest city in the United States and the second-largest in California. Known for its mild year-round climate, extensive beaches, natural deep water harbor, and numerous tourist attractions, it's no wonder San Diego is known worldwide as one of the best tourist destinations!



LIVING SAN DIEGO

Housing Resources

With so many housing arrangements to consider, searching for a safe environment is key. The hotel, apartment and internet suggestions have been utilized by our RNs and Vendors numerous times. These locations are known to be in safe areas and offer an easy commute.



Tip: Search with relevant key words, "corporate housing", and "short term rental", "vacation rental," and "corporate hotel" as examples. As these words will be necessary to find the information you are looking for, surround them with quotation marks so the search engine knows to look for the specific words in the order you typed.

Internet Searching

When scouring the internet, please do not be fooled by embellished advertisements that tout low starting rents. Ideally, work with websites where you can interact directly with the owner or landlord in advance. Most are free and some offer membership plans. A few recommended online portals are:

- www.airbnb.com
- www.vrbo.com
- www.urbanflat.com
- www.furnishedfinder.com

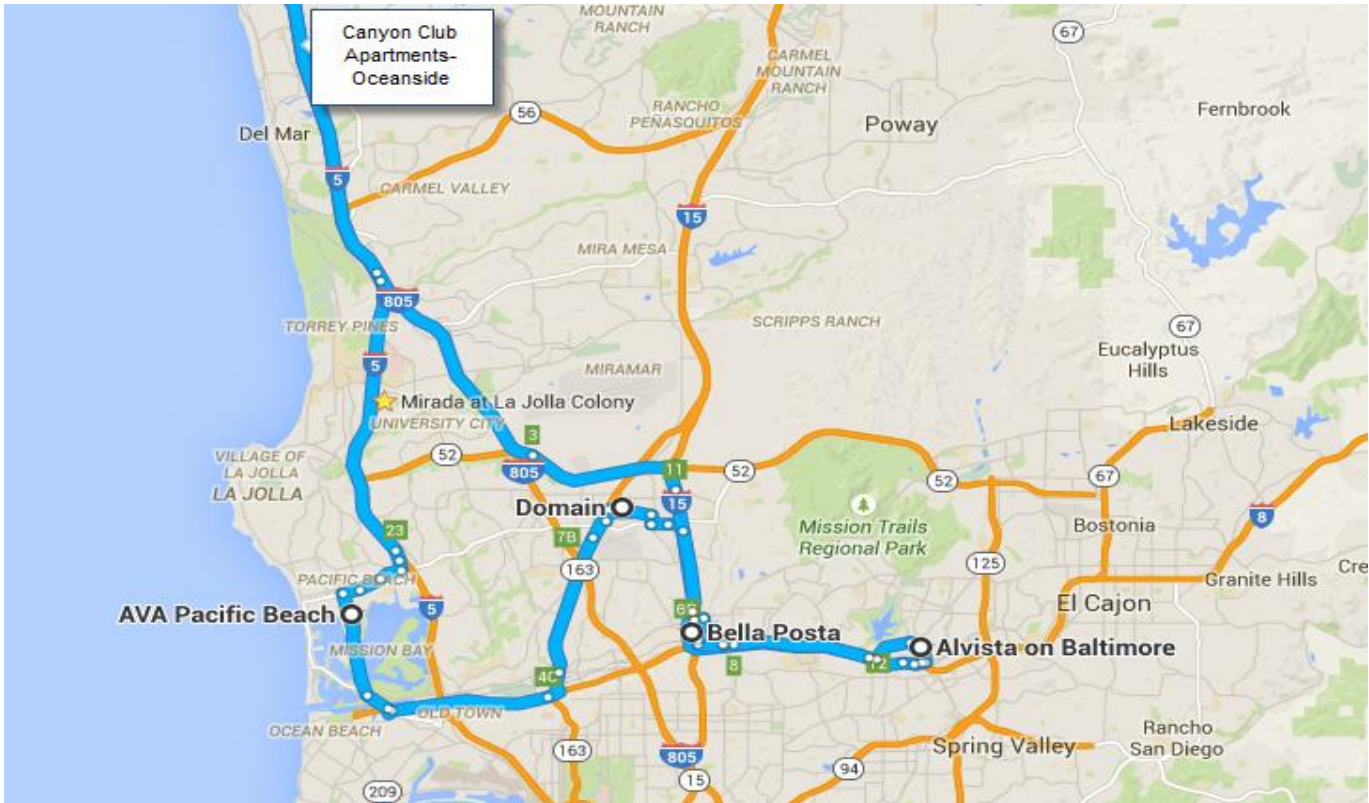


Corporate Housing Recommendations

San Diego recognizes over 100 neighborhoods. As there are obvious choices for affordability, recreation and great schooling, you may be looking for more peace and privacy. As an example : Carlsbad is geared for bike riders; La Mesa is without the noise and expense of Downtown; Encinitas is home to nearly 30-miles of trails for walking and trail-running; and if you want a community with outstanding schools, consider Chula Vista. This year, Reator.com found San Diego to be the least affordable city in America. But, don't panic. Below are a few property and hotel considerations that shouldn't break your bank too much. As the map indicates, locations vary.



SAN DIEGO APARTMENTS



Mirada at La Jolla Colony Apartments

7568 Charmant Drive
San Diego, CA 92122
www.mirada-apartments.com

Amenities include:

- Short-Term leases
- Laundry facilities [Full size washer/dryers in select units]
- 24-hours fitness center
- Two swimming pools
- Pets allowed [see website for Pet Policy]

Bella Posta

10343 San Diego Mission Road
San Diego, CA 92108
www.bellaposta.prospectportal.com

Amenities include:

- Short-term leases
- Laundry facilities
- Fitness Center
- Pool and BBQ area
- Pets allowed [see website for Pet Policy]



Alvista on Baltimore

5401 Baltimore Dr.

La Mesa, CA 91942

www.alvistaonbaltimore.com

Amenities Include:

- Short-term leases
- Landry facilities
- Air-conditioning
- Two fitness centers
- Four swimming pools
- Pets allowed (see website for policy)
- Close to dog park



AVA Pacific Beach

3883 Ingraham Street

San Diego, CA 92109

[www.avaloncommunities.com/San Diego](http://www.avaloncommunities.com/San_Diego)

Amenities include:

- Flexible lease terms
- On-site laundry facilities
- Central Air Conditioning
- 24-hour fitness center
- Pool
- Lighted tennis and basketball courts
- Chill Space: billiards, ping pong tables, and arcade games
- Free Wi-Fi in the pool area
- Pets allowed [see website for Pet Policy]

Domain

8798 Spectrum Blvd.

San Diego, CA 92123

www.essexapartmenthomes.com

Amenities Include:

- Short-term leases
- In-home Washer & Dryers
- State of the art fitness center
- Serenity Pool and Spa
- San Diego's largest Pool Deck



- Sleek outdoor fireplace
- Pets allowed [see website for Pet Policy]



Canyon Club Apartments

420 Activity Way

Oceanside, CA 92058

www.lsyourhome.com

Amenities Include:

- Short-term leases
- On-site laundry facilities
- Fitness Studio
- Jr. Olympic-sized swimming pool
- Private Patio or Balcony
- Pets allowed [see website for Pet Policy]

HOTEL REFERENCES



Extended Stay America-San Diego

www.extendedstayamerica.com

Extended Stay America offers spacious suites, fully equipped kitchens, free Wi-Fi, flat-screen TV, free grab-and-go breakfast, pet-friendly rooms, and on-site laundry facilities. Extended Stay America offers a half dozen convenient locations throughout San Diego. As all have the above details, the Carlsbad location offers a pool. Check out the website for the right location and budget for you!



Tip: Please use our Corporate Code: **“emrld”** when booking to capture a discounted rate for all length of stays.

Pets in San Diego

The City of San Diego has designated off leash parks for dogs to run free, play fetch and socialize with other dogs. In addition, these off leash parks protect your pets from rattlesnakes, ticks, and poison ivy that can be found in many of the trails and canyons throughout San Diego. As a gentle reminder, all dogs shall be maintained on a leash not to exceed 8-feet [in all parks]. Dogs must be leashed until inside the posted boundary for all of the off leash parks. The website has a detailed listing of approved leash free locations!



Off Leash Dog Parks for you and your dog

<http://www.sandiego.gov/park-and-recreation/parks/dogs/leashfree.shtml>

Beaches for you and your dog

<http://www.sandiego.gov/park-and-recreation/parks/dogs/bchdog1.shtml>

TRAVELING SAN DIEGO



511sd.com

Getting around San Diego is easy via the Metropolitan Transit System's buses, trolleys, or trains.

511 is a free phone and web service that combines San Diego's regional transportation information into a one-stop resource. This service provides up to the minute information on traffic conditions; schedule; route and fare information for public transportation; carpool and vanpool referrals; bicycling information, and more! Yes, there is an app! Get the mobile app for your iPhone or Android!

Rental Car

If you happen to fly into San Diego International Airport and need a rental car, booking ahead is highly recommended. Car rental companies are abundant at San Diego International Airport and car rental shuttles regularly operate at two terminals [Terminal 1 and 2]. Below are frequently used rental car companies that offer a discount by utilizing Emerald Health Services corporate discount code:

Suggested Companies

If renting a car, check out these companies that offer a discount by utilizing Emerald Health Services corporate code.



800-527-0700
www.budget.com
Discount Code:
U343028



800-654-8216
www.hertz.com
Discount code: **1608528**.



800-593-0505
www.enterprise.com
Discount Code:
32C4388.
PIN: 'EME'



800-CAR RENT
www.nationalcar.com
Contract ID: **GCAMA032**
www.nationalcar.com/offer/GCAMA032



800-327-7607
www.thrifty.com
Corporate Account **0010229**



Tip: As renting a car at the airport is the most convenient option, many times you can capture better rates at the off-airport locations.

EXPLORING SAN DIEGO

San Diego is known for its beaches, parks, and warm climate. The huge Balboa Park is the site of the world-famous San Diego Zoo, as well as numerous museums, gardens and art galleries. A deep harbor is home to a large active naval fleet, with the USS Midway, an aircraft-carrier turned museum that is open to the public. Below are points of interest! Please call me if you have any questions or find me on twitter @rentaltherapist.

ATTRACTIONS



San Diego Zoo

<http://zoo.sandiegozoo.org/>

Spend the day exploring over 3700 rare and endangered animals!

SeaWorld San Diego

<http://seaworldparks.com/en/seaworld-sandiego/>

Sitting on almost 200 acres, there are numerous attractions to see!

Balboa Park

www.balboapark.org

Explore 1200 acres of beautiful park grounds including museums, breathtaking gardens and topnotch recreation!

Petco Park

sandiego.padres.mlb.com/sd/ballpark

Petco Park is home to Major League Baseball's San Diego Padres. Catch a game!

USS Midway Museum

<http://www.midway.org>

The USS Midway is an exciting adventure. Spend the day exploring over 60-exhibits!

Old Town San Diego Historic Park

<http://www.oldtownsandiegoguide.com/>

Come visit the original and reconstructed buildings that highlight the ambience of 1800's San Diego

Seaport Village

<http://www.seaportvillage.com/>

Open daily, explore diverse shops, great restaurants and outdoor entertainment!





Cabrillo National Monument

<http://www.nps.gov/cabr/index.htm>

The park is home to a wealth of cultural and national resources. It is one of the best protected examples of tide pooling in Southern California. Make sure you visit the Old Point Loma Lighthouse, one of the original eight lighthouses on the West Coast.

La Jolla Cove

<http://www.sandiego.com/beaches/la-jolla-cove>

La Jolla Cove is a picturesque cove and beach that is surrounded by cliffs in La Jolla, San Diego. It's located at 1100 Coast Blvd [at Girard Ave.]



Hotel del Coronado

hoteldel.com

This luxury beachside resort is a breathtaking Victorian property built in 1887. Located on Coronado Island, it is a 10-minute drive from Downtown San Diego.

Birch Aquarium

<http://aquarium.ucsd.edu/>

Open daily, explore the wonders of the ocean. The mission of the Birch Aquarium is to provide ocean science education.



Torrey Pines National Reserve

<http://www.torreypine.org/>

Torrey Pines State National Reserve is located within San Diego City limits. There are 8-miles of trails, a visitor center, and guided nature walks on weekends and holidays.

Mission San Diego de Alcala

<http://www.missionsandiego.org/>

Mission San Diego de Alcala, the first of the twenty-one great California Missions. It is California's first Mission Church. Founded in 1769, today it is an active Catholic parish of the Roman Catholic Diocese of San Diego.



For more recommendations & information about San Diego and your upcoming travel assignment contact our Manager of Nurse Concierge Services & Corporate Housing:

Nora Adams | (800) 917 -5055, ext. 109 | nadams@emeraldhs.com | <http://www.emeraldhs.com>